#### Did you know...

#### Our feet, shock aborbers always under pressure!

Indeed, they make an average of 10,000 steps per day, and for 90% of the population in the wrong position.

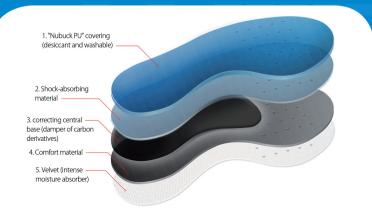
Standing and walking on unbalanced foundations favor asymmetric tensions in the foot muscles and cause on the long term disturbances of body posture upwards.



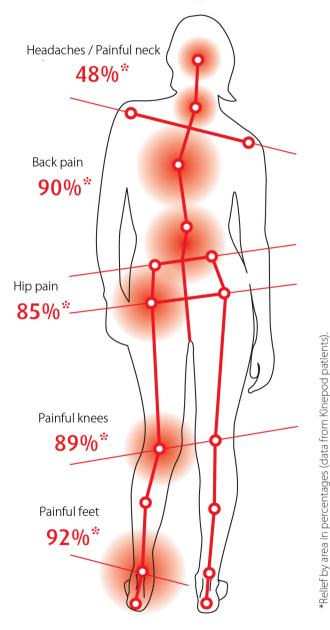
#### **HIGH TECH**

The intelligent insole is the result of a totally new vision of our researchers and we guarantee an unparalleled production quality, as we use the latest generation of materials, which are also used in the aerospace industry.

Furthermore, this insole is equipped with a particularly active ventilation system. A plurality of holes enables the further transport of the moisture in the spongy tissue at the underside of the insole. The foot remains completely dry with a maximum comfort.



### If you are affected by one of these problems...



## ...so you too should experience the intelligent insole!

# The 4 effects that make it REALLY EFFICIENT



With its advanced technology, the Kinepod Insole absorbs the shock upon contact of the foot on the ground and returns the stored energy to propel the foot during its lift off from the ground.



Without insoles
The shock wave goes up
through the body

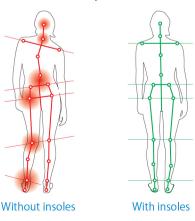


With insoles
The shock is absorbed and the energy is released at the end of step, which leads to an ideal propulsion.

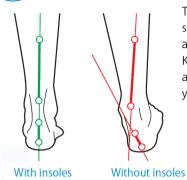
The intelligent insole, the 1st stimulating shock absorber for humans!



In just a few weeks, the Kinepod insole readjusts the body's base and restores a balanced posture.



#### 3 Rehabilitative effect



Through its multiple stimulations (muscular and proprioceptives), the Kinepod Insole enables a perfect rehabilitation for your feet.

#### 4 Immediate effects

In a couple of minutes, the insole is able to stimulate the muscular chains of the body, creating an adjusted muscle workout, a perfect motor coordination, a balanced posture and an exceptional proprioceptive workout of the feet.

#### The intelligent insole: Prevention and relief thanks to its innovative technology

The Kinepod insole is also able to adapt to the evolution of the pathology. It is possible to add or remove reinforcing elements under the active insole.

To obtain the same results on the ankle-foot, combination straps can be added. They will give a new dimendion to the insole by providing unique performances. They are particularly effective in sports that require a perfect stability, such as basketball, football, tennis and rugby.



Note that these reinforcing elements and the straps can be adjusted according to a diagnosis or a postural exam done previously by a physician.

#### **Application areas**

- TRAINING Joint mobility, flexibility, muscle activity, stability
- PREVENTION Posture, appearance, gait
- PERFORMANCE
  Sport and fitness, getting back in shape
- THERAPY
  Muscle, joint, ligament, and tendon injuries



For more information

www.kinepod.com

#### Headaches? Back pain? Hip pain? Knee or foot pain?



Try the INTELLIGENT INSOLE!

